

**Prior to purchase** to ensure delivery of your download instructions, please whitelist [products@healthcaregroup.com](mailto:products@healthcaregroup.com)

### How to Whitelist an Email

#### in Gmail:

1. Click the gear icon in Gmail and select "See all settings" from the Quick settings menu.
2. Navigate to "Filters and Blocked Addresses" in the top menu.
3. Select "Create a new filter."
4. Add a specific email or a whole domain in the "From" field.
5. Click "Create filter."
6. Check "Never send it to Spam" in the checkbox.
7. Click "Create filter."

#### in Outlook

1. Click the gear icon in Outlook and select "View all Outlook settings."
2. Select "Mail" from the settings menu.
3. Choose "Junk email" from the submenu.
4. Click "Add" under "Safe senders and domains."
5. Enter the email address that you want whitelisted.
6. Choose "Save."

#### in Yahoo

1. Open Yahoo Mail and log into your account.
2. Navigate to "Settings" then click "More Settings."
3. Select "Filters" and hit "Add" to enter the email you'd like to whitelist.
4. Name the filter and add the email address.
5. Select to send all mail to "Inbox."
6. Save your settings.

#### in AOL

1. Log in to your AOL account.
2. Open "Contacts" from the left navigation pane.
3. Click the "New Contact" icon and add the email address.
4. Click the "Add Contact" button and you're set.